# Prayer to the Holy Kyprian and Holy Justina

## **Introduction:**

Kyprian was a great magician who was payed to cast a spell over Justina. Justina managed to resist his greatest magic by her devotion and the aid she received from the Holy Spirit. Kyprian realized he had been deceived and had followed a false path and subsequently converted.

This sainted pair offers protection and blessings which will help you to resist magical influences. An blessed icon will grant a protective blessing to your home. The ritual described below can be done to invoke deeper blessings.



#### The prayer is to be repeated slowly 4x3 times.

%1<sup>st</sup> round take a cup and pour blessed water in it and place it on your left hand side upon the altar. *Then pray 3 times*.

 $\mathfrak{Z}^{nd}$  round take a blessed cross and place it next to the cup on the right hand side. *Then pray 3 times*.

**%3**<sup>rd</sup> round place your diary next to the cross on the right hand side and place the icon on top of your diary. *Then pray 3 times*.

**%4**<sup>th</sup> round take a candle and light it. Hold it lit before the icon and place the candle on the right hand side of the altar. *Then pray 3 times*.

## Ritual:

This prayer is to be done between friday sunset and saturday sunset. This prayer is best done while kneeling before the altar. In the ritual we will evoke all four elements in their 3 stages. We will move from water to earth, to air and finally to fire. Each element will be attuned to and blessed in turn granting all of our energy body access to whatever blessings may be bestowed upon us.

At the conclusion of the 12<sup>th</sup> prayer meditate on the candle's flame for a while and let the fire clean your mind. Then take a sip from the cup and absord the water's blessings as well. When blowing out the candle let the breath flow over the icon and diary. Empty the cup's contents over the cross. Then wear the cross over your heart.

## **Prayer:**

### Try to pronounce each line within a single breath.

Holy Kyprian and Holy Justina.

I ask you to take pity and support a wanderer in the wilderness.

I am besieged by thoughts and emotions leading me to wander from the path of light. Holy Justina you overcame all these problems and more,

please bless me so that I, like you, will remain true and pure and will not lose my way. Teach me to relate to the Holy Spirit as you do, so that none other will have control over me.

I pray to the Holy Spirit to nuture and protect me and lead me according to the highest will.

I am without knowledge or wisdom, blinded by my ignorance and sins. Holy Kyprian you overcame your blindness and your sins to become a beacon of light, please bless me so that I, like you, will learn to see and to navigate the cosmos. Teach me to master all parts of my being, both inside and outside. Walk with me as I manifest my destiny as rod and shield for my brothers and sisters.

#### After the prayer and ritual actions are done say these words;

Holy Kyprian, Holy Justina and all other travelers on the path of light, I am grateful for all the blessings you have bestowed upon a simple wanderer. I pray we may walk together on the road the Holy Spirit has laid out for us.

Amen

## **Effects:**

Which effects this ritual will have depends on both you as well as the saints. As with any ritual or prayer the quality of your connection to higher worlds and the tradition is of great importance. Also your attitude of being both humble as well as active is important.

The ritual has the power to generate multiple layers of protection around you from many different types of lower magic, but even more importantly to enhance your inner purity and harmony and thereby ability to draw upon the power and blessings of the Holy Spirit.